

# UNDERSTANDING MY MOTIVATIONS

## PRE-WORK BEFORE SESSION

### TOP 5

Write your motivation here.

Be Central

**EXAMPLE**

### WHAT DESCRIPTIONS RESONATE?

Review the report sections 'Characteristics' and 'Ways you Contribute' for each motivation from your report. Which description resonates most?

I like being the "Go-To" person and key to outcomes.


## GROUP ACTIVITY: TALK ABOUT PEER MOTIVATIONS

Write down one motivation of your peers and why you selected it from their story.

## GROUP SESSION ACTIVITY

**EXAMPLE**

John  
Be unique: Personal style in his work.


## MY PEER IDENTIFIED KEY MOTIVATIONS

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